



Deep Reinforcement Learning for Autonomous Drone Navigation: A Review

¹Mani Kant, ²Dr. P. K. Sharma

^{1,2}Department of Computer Science Engineering

^{1,2}NRI Institute of Research and Technology, Bhopal (M.P.) -462021

ABSTRACT

This study examines the growing importance of Deep Reinforcement Learning (DRL) as a transformative approach for autonomous UAV navigation in complex, dynamic, and uncertain environments. Traditional rule-based and model-driven control strategies struggle with real-time adaptation, high-dimensional sensory data, and unpredictable obstacles, highlighting the need for learning-based methods. DRL overcomes these limitations by integrating deep neural networks with reinforcement learning to enable drones to learn navigation policies directly from raw sensory inputs such as images, lidar, and depth data. The reviewed literature demonstrates significant advancements, including hybrid learning frameworks, improved state representations, dynamic reward designs, sensor-fusion architectures, and distributed DRL models that enhance stability, decision accuracy, and collision avoidance. Despite challenges such as high training cost, sim-to-real transfer gaps, and sensitivity to reward design, DRL continues to evolve as a critical technology for reliable, adaptive, and scalable UAV autonomy across diverse real-world scenarios.

Keywords: Deep Reinforcement Learning, UAV Navigation, Autonomous Systems, Sensor Fusion, Obstacle Avoidance

1. Introduction

Unmanned aerial vehicles (uavs) may now function with ever-higher degrees of intelligence, flexibility, and autonomy in a variety of application areas because to the quick development of robotics, autonomous systems, and artificial intelligence. Once limited to military reconnaissance and simple remote-controlled operations, drones are now essential tools in a variety of commercial, industrial, and scientific settings, including delivery systems, infrastructure inspection, precision agriculture, aerial imaging, environmental surveillance, disaster response, and precision agriculture.¹ However, the need for advanced navigation skills that go beyond the constraints of conventional rule-based, model-based, and manually adjusted control approaches has increased dramatically as UAV use spreads into complex, unexpected, and very dynamic real-world situations. Pre-programmed rules, manually created features, static path-planning algorithms, and traditional control methods like PID controllers, extended Kalman filters, and linear-quadratic regulators are all major components of conventional navigation systems. Even while these methods work well in controlled settings, they often have trouble with uncertainties in real time, generalizing to unknown situations, reacting to high-dimensional sensory inputs, or adjusting to changing impediments.² These limitations emphasize the need for computationally intelligent systems that can directly learn



and facilitate the deployment of fully autonomous drones capable of carrying out complex navigation tasks across a variety of domains, a thorough review of the most recent DRL algorithms, training strategies, simulation platforms, real-world applications, challenges, and future research directions is crucial.¹⁴

2. Review Of Literature

Sheng, Yuanyuan et al., (2024)¹⁵ Deep reinforcement learning (DRL)-based autonomous navigation of unmanned aerial vehicles (uavs) has advanced significantly. The influence of complicated job scenarios on UAV flying performance is not taken into account by the majority of research, which assume comparatively simple task situations. In order to allow autonomous route planning for uavs in extremely dynamic and dense situations, this study suggests a DRL-based autonomous navigation algorithm. By examining the effects of UAV position and angle changes on navigation performance in complicated settings, this approach suggests a state space representation technique that includes position and angle information. In order to balance the agent's exploratory and cautious behavior during the model training process, a dynamic reward function is also built based on a non-sparse reward function. The suggested method provides the greatest autonomous navigation performance and the best flying efficiency in complicated situations, according to the findings of many comparison studies.

Samma, Hussein and Sami El-Ferik (2024)¹⁶ Unmanned aerial vehicles (uavs) have gained popularity in recent years for a number of uses, such as surveillance, missing person searches, and package delivery. However, the presence of moving objects, such as people, makes autonomous UAV navigation difficult in dynamic situations. Furthermore, conventional deep reinforcement learning techniques need a large amount of training data and have poor learning rates in dynamic scenarios. The current work suggested an improved deep reinforcement learning technique that includes two separate learning stages—the reinforced and self-supervised—in order to maximize learning performance. The deep Q-learning network (DQN) has been put into practice and trained using the Bellman equation's loss as a guidance throughout the reinforced learning phase. Conversely, the contrastive loss function guided the self-supervised stage, which is in charge of fine-tuning the DQN's backbone layers. The self-supervised stage's primary advantage is that it expedites the encoding of the input scene that the UAV camera has acquired. An obstacle detection model was included to improve navigation even further and lower the number of UAV crashes. We have used Blocks, an outdoor UAV-simulated environment, for experimental analysis. Both moving people and immovable items that resemble buildings are present in this setting. According to the research, navigation performance significantly improved once the self-supervised stage was implemented. In particular, the simulated UAV might go further and in the right direction to reach the destination. Furthermore, when compared to other DQN-based strategies like double DQN and dueling DQN, the study demonstrates a notable navigation performance.

Kalidas, Amudhini P et al., (2023)¹⁷ Drones, or unmanned aerial vehicles, or uavs, have made significant strides in recent years. Drones may be used for a variety of purposes, such



as disaster assistance, transportation, photography, and climate monitoring. Their great degree of effectiveness and safety in every operation is the cause of this. Although drone design aims for excellence, it is still not perfect. Drones still have a lot of difficulties when it comes to identifying and averting crashes. In this regard, this study outlines a process for creating a drone system that can function on its own without assistance from humans. Using just picture input, this work trains a drone to autonomously avoid obstacles in discrete and continuous action spaces using reinforcement learning techniques. This work is interesting since it uses several reinforcement learning approaches to thoroughly evaluate the benefits, drawbacks, and potential future research areas of obstacle detection and avoidance for drones. Three distinct reinforcement learning techniques that may help in avoiding obstacles, both moving and stationary, are compared in this study: Deep Q-Networks (DQN), Proximal Policy Optimization (PPO), and Soft Actor-Critic (SAC). These techniques have shown more effective in drones. Airsim provided a virtual environment in which the experiment was conducted. To comprehend and analyze the behavior of RL algorithms for drones, a variety of training and testing scenarios were developed using Unreal Engine 4. The training results showed that SAC performed better than the other two algorithms. The least successful algorithm was PPO, suggesting that on-policy algorithms are useless in large-scale 3D landscapes with dynamic actors. Two off-policy algorithms, DQN and SAC, yielded promising results. However, in small paths and bends, DQN may not be as beneficial as SAC because of its limited discrete action area. Regarding more research, off-policy algorithms like DQN and SAC outperform on-policy algorithms like PPO in the context of autonomous drones. The results may have applications in the future for the creation of safer and more effective drones.

Doukhi, Oualid and Lee, Deok J I N (2022)¹⁸ Numerous activities, including airborne deliveries, inspection in hazardous environments, and rescue, are anticipated to be performed by flying robots. They haven't been used much in extremely dynamic, unstructured contexts, however. This study suggests a unique method for allowing an unidentified interior or outdoor area to be explored and navigated using a micro-aerial vehicle (MAV) system fitted with a depth sensor and laser rangefinder. To combine data from many sensors installed on a car, we developed a modular deep-Q-network architecture. The proposed system, which was trained only on a 3D simulator, is capable of doing collision-free flights in the actual world. The suggested approach eliminates the need for route design, 3D mapping, and previous expert demonstrations. It uses an end-to-end convolutional neural network (CNN) to convert fused sensory data into a robot's velocity control input. The policy that was developed was contrasted with a simulation that was conducted using the traditional potential-field technique. By modeling actual sensor data, our method enables zero-shot transfer from simulation to real-world situations that were never seen during training. To show how well our technology works for safely flying in dynamic outdoor and interior conditions, a number of extensive tests were carried out.

Hodge, Victoria J et al., (2021)¹⁹ Unmanned aerial vehicles (drones) and other mobile robots may be used for data collecting, monitoring, and surveillance in infrastructure,



Chao Wang et al., (2017)²⁴ Delivery by Unmanned Aerial Vehicles (uavs) is becoming popular. Using deep reinforcement learning, we solve the discrete-time continuous control problem of autonomous UAV navigation in a large-scale unknown complex environment. Using just the local surroundings and GPS signal, our approach allows uavs to travel from arbitrary departure points to destinations without the need for route planning or map building. We contend that the present recurrent deterministic policy gradient approach is inefficient and that the navigation problem is a partly observable Markov decision process (POMDP). As a result, we construct an actor-critic architecture-based policy learning method for POMDP that is quicker. We model a virtual UAV flying at a fixed height and constant speed, as well as five simulated surroundings, to confirm our hypotheses. The local environment is recognized by measuring the distances between barriers and uavs in various directions. Simulation results show that our method works well.

3. Conclusion

Deep reinforcement learning (DRL) has become a revolutionary paradigm for autonomous UAV navigation, providing strong alternatives to conventional rule-based and model-dependent control systems, as the examined literature collectively shows. From early attempts to handle partially observable environments using actor-critic architectures to advanced multi-stage, sensor-fusion, and distributed learning frameworks that improve stability, adaptability, and decision-making accuracy in extremely dynamic and uncertain conditions, a clear progression can be seen across studies conducted between 2017 and 2024. Recent studies like Sheng et al. (2024) emphasize that complicated job situations, thick obstacle fields, and frequent changes in UAV posture must all be taken into consideration for real-world UAV navigation. They demonstrate that richer environmental representations greatly enhance autonomy by introducing state-space designs that include location and angle as well as dynamic reward systems. Samma and El-Ferik (2024) also highlight the shortcomings of traditional DRL in dynamic scenarios with moving objects or humans. Their two-stage reinforced plus self-supervised learning model highlights the general trend toward hybrid learning methodologies by showing that improving the perceptual encoding step may significantly speed up training and lower collision rates. Kalidas et al.'s comparative analyses from 2023 also show that algorithm selection has a significant impact on performance: off-policy techniques like SAC and DQN are more robust in large 3D landscapes than on-policy PPO, confirming the need for algorithms with better exploration-exploitation balance and effective sample reuse.

Previous fundamental research is still important. Doukhi and Lee (2022) demonstrated that zero-shot transfer from simulation to reality—a crucial step toward reliable field deployment—is made possible by merging several onboard sensors with modular deep Q-networks. In their contribution, Hodge et al. (2021) shown that temporal context enhances hazard prediction in safety-critical contexts by putting forward generalizable navigation algorithms using LSTM-enhanced PPO and curriculum learning. In order to address the scalability issue, several studies, including Guo et al. (2021), proposed distributed DRL frameworks that break down navigation into smaller tasks, increasing network efficiency and



convergence. Reviews such as Azar et al. (2021) show that despite ongoing advancements, computational limitations, unpredictability of the environment, and dependence on simulation-trained rules remain obstacles to practical implementation. This is in line with Anwar and Raychowdhury (2020), who used transfer learning to overcome computational constraints and lower onboard training costs while preserving drone performance. This increases the viability of DRL for uavs with limited resources. By demonstrating that drones can navigate complex terrains on their own using only visual depth data or local distance measurements, eliminating the need for maps or satellite-based positioning, and validating the long-term vision of fully autonomous drone delivery networks, earlier reinforcement learning applications like Muñoz et al. (2019) and Wang et al. (2017) set the foundation. The literature shows a steady rising trend toward UAV navigation systems that are more durable, intelligent, and prepared for the actual environment. Drones will eventually be able to safely and precisely navigate crowded cities, dense forests, indoor spaces, and unpredictable environments thanks to advancements in state representation, reward engineering, sensor fusion, hybrid learning, off-policy optimization, transfer learning, and distributed architectures. Ongoing research is still necessary to address enduring issues like generalization to unforeseen circumstances, real-time computing, and simulator-to-reality gaps. When taken as a whole, these studies provide a thorough basis showing how quickly DRL-driven autonomous navigation is developing from experimental simulations to useful, significant real-world applications.

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