

COMMUNICATION BETWEEN ENDLESS RELATIONSHIPS

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Abstract: The offbeat in communication style between husband and wife have been an interested topic for all over the world. These disparate may lead to combat between companions. These studies search the communication styles among partners [husband and wife]. First of all we see that how conflict in communication styles between husband and wife. This calculation will be conducted through the use of an interaction analysis. Its aim is to increase the ample of ability of intelligence in effective communication. Its study will be benefits for couples and the decrease of the divorce rate in India. Nowadays, divorce has become a part of everyday life. The main reason of failures wedding is ineffective communication styles. The effectiveness of communication is likely connected to the overall satisfaction of married couples. Communication between partners will be effective in both conditions verbal and non-verbal communication.

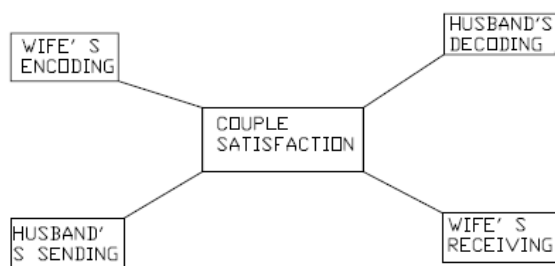


Fig-1

Verbal and non-verbal both methods will be helpful between husband and wife communication. By this way they can save their relationship. For example- a man may communicate in a way that meaning to his. However, the woman receiving the message, she will understand the message and give the response. Conflict between husband and wife cause a lack of communication. Therefore, a healthy communication should be between partners. Here, we may discuss both verbal and non-verbal communication styles. And this content will help the people.

Keywords- Review of literature, Verbal communication, non- Verbal Flirting Communication Styles, Communication Conflict Style of Communication, Conflicts Resolution between Couples, conclusion.

REVIEW OF LITERATURE

Verbal communication: The presents study describes a new method for communication between partners. Verbal communication is one of the most important things of a blissful wedding .Verbal

communication ,being ability to show how you feel to your partner through the words that you speak, is important to healthy communication. Verbal communication is key to a long and loving relationship. So if you understand the importance of verbal communication in wedding. You will not take verbal communication lightly with your partner. The lack of verbal communication in wedding can take a bad effect of between partners. Without speaking, you cannot understand your partners feeling, care, and love. so it is the best element of expressing, how you feel to your partners through the words that you speak. And your partners understand just, how deeply your feelings. Without verbal communication your marriage is not meaningful. Verbal communication hillcrest the strong, loving, and healthy atmosphere between husband and wife.



Fig-2

NON- VERBAL COMMUNICATION

Non –Verbal Communication is a way of expressing feelings, thoughts, ideas and messages through physical movements, tasks, colours, signs, face expressions, eye contact, symbols, between partners. Non-Verbal Communication will help you understand the importance of communication in marriage in a better way. Non-Verbal Communication is a medium to convey the message by partners. Non –Verbal Communication in relationship helps to create and maintain relationship. It plays a vital role in happy married life. A happy married life depends on it. Sometimes partners express love, affections and care without using words, this method is called Non –Verbal Communication through by hand signs body languages, eye contact, facial expression and touch also.

In marriage, women have been found to show these elements of communication more often than men. Mostly, women looked at their soulmate for a importantly longer number of time as compared to men. However, while partner shows less emotions and nonverbal communication when a husband and wife have a lack of agreement, the situation may be that husband fully shows his emotions by becoming rough. It is essential to consider who the more effective communication is so that we can learn from each other. Women were found to be better nonverbal communicators. Across several studies [Noller, 1980, Sabatelli ET al.1982]. However, being an effective communicator involves both sending and receiving messages. Women have commonly more expressive and women were not better receivers of messages than men. The same was found in other studies (Sabatelli.etal1982,Koerner and Fitzpatrick,2002) Additional findings by Sabadell et al. and Koerner and Fitzpatrick also suggest that familiarity plays a role in how effective non verbal communication.



Diagram-3

FLIRTING COMMUNICATION STYLES-

In a relationship flirting has its importance. A spouse's relationship often starts with flirting. It is employed when one focuses own interest in another one or when one wishes to demonstrate sexual attraction. There are five categories of flirting styles.

1- Classical Flirting- In this way, a woman has waiting for a man to make the first move. A new study tells that initial communication with a partner can go a long – term relationship.

2- Physical Flirting- A new study searches that physical flirting involves the sexual interest with partner. In this way we are using physical confidence and have a greater emotional connection with their soulmate.

3- Sincere Flirting- This theory is based on emotional connection and sincere interest. Women use this style than man.

4- Polite Flirting- This style is based on proper manners and nonsexual communication. In this style partner don't find flirting but they have meaning relationship.

5- Playful Flirting- In this style, we focus on playful flirting interest. It is a simple form to meet people. It is the work of flirting with others and looks it as a game.



Diagrame-4

CONFLICT STYLE OF COMMUNICATION

Conflict is a normal part of marriage. One inevitable element of any marriage is conflict. We as humans will always have dissent that must be agreed. And as

a couple, we have several dissimilarity in communication styles. It is possible that these differences are the reason of conflict in happy married life. Hanzal and Segrin (2009) found this to be true in their study of negative affectivity personality trait that tends to cause distressing reactions to negative situation. They found that Partners use harmful communication styles during conflict.

During conflict, couples may solve problems, complain, conflict engagement, contempt, anger,

fear and sadness. These disputes can be big or small. Indeed, when handled properly, fighting can improve your married life. If you never talk about your problems, you will not solve them. By conflict, you can gain a better understanding with your spouse. It is common for a couple to have arguments from time to time. These arguments bring a couple closer together. Successful couples have the ability to

solve arguments. They focus on the matter of the conflict once the matter is resolved; they forget all and focus on improving.



Diagram-5

CONFLICTS RESOLUTION BETWEEN COUPLES

Here are some tips to solve the conflict within married life.

- 1-Be Direct
- 2- Listen to your Partner
- 3-Find the actual matter
- 4-Compromise
- 5-Good time to talk with partner
- 6-Stay Calm
- 7-Listen carefully
- 8-Avoid unnecessary points
- 9-Appreciate your partner
- 10-Spent Healthy Time Together
- 11-Discuss the matter

CONCLUSION

Communication among partners is a topic that has been thoroughly studied. Marriages don't have to end up this way. Although studies have shown that conflict increased the risk of divorce, several questions grow up. The current study points out that First, we examined the conflict and solved the problem.

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